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CLASS - 3

SUBJECT - EVS

Based On NCERT

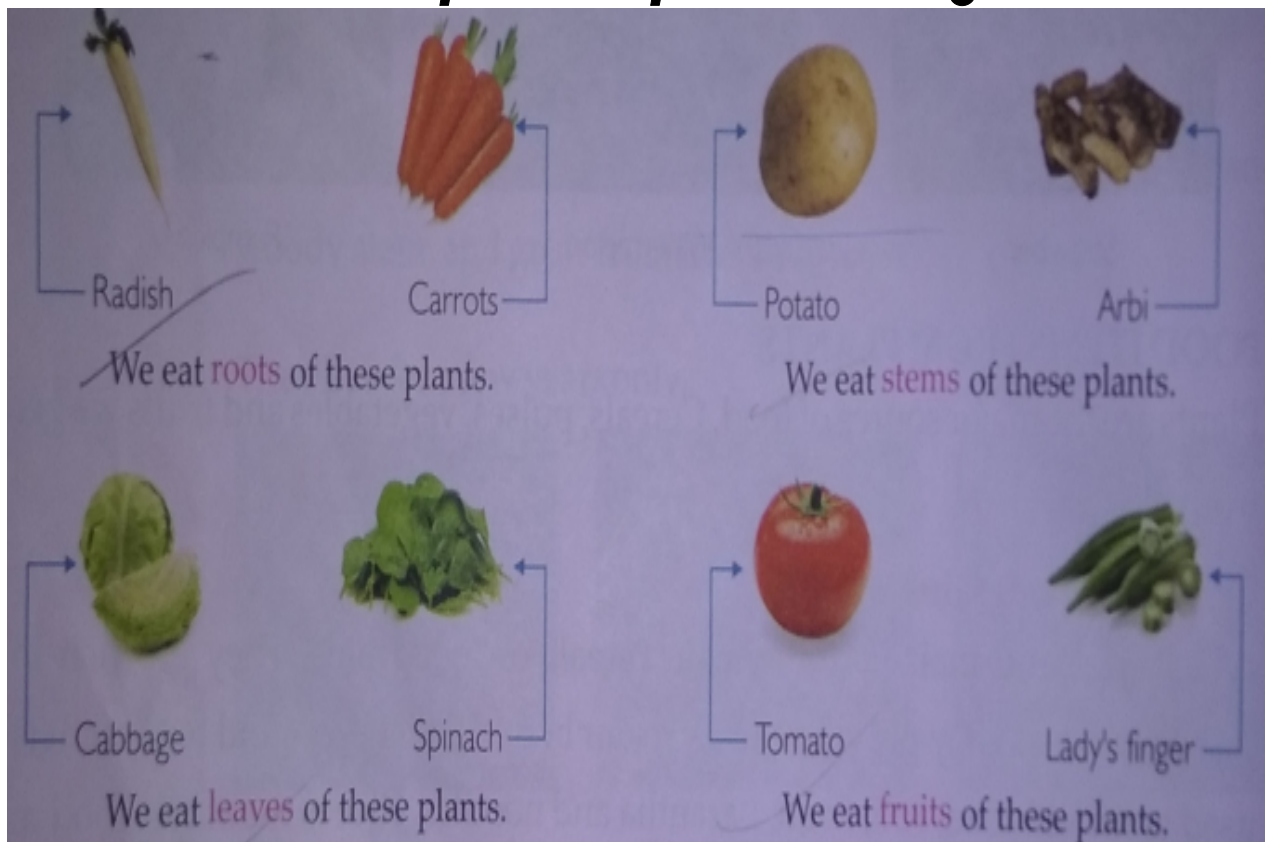
Date - 16/09/2020

Chapter - 7

*** Food From Plants ***

Vegetables

**Vegetables are rich in vitamins and minerals .
They keep us healthy and save us from disease .
We eat different parts of plants as vegetables .**



Don't write only read it .

A. Write two examples of each of the following .

1. Roots as vegetables = Radish , Carrots

2. Stems as vegetables = potato , Arbi

3. Leaves as vegetables = Cabbage , Spinach

4. Fruits as vegetables = Tomato , Lady's finger

**Do it in copy
and remember**

Jyoti

